**STOP Teleconference: Wednesday, January 11, 2023, 1:00-2:00 pm**

Land Acknowledgment:

* *Identify the land you are joining us from today (*[***https://www.whose.land/en/***](https://www.whose.land/en/)*)*
* *After reading your organization’s official land acknowledgement, include personal reflections and commitments. For example, the person giving the land acknowledgement might choose to situate themself as a settler and describe what that means to them.*
* *Video:* [Bringing meaning and purpose to land acknowledgements](https://www.facebook.com/CentreforAddictionandMentalHealth/videos/bringing-meaning-and-purpose-to-land-acknowledgements/759567845184040/)

**New Study: Healthcare Providers’ Perspectives on Digital Health Solutions for Varenicline Adherence**

* CAMH is conducting a study where we are ***looking for healthcare providers*** to take part in a 60-minute interview to share their perspectives on the use of digital health solutions (i.e., “healthbots”) for improving varenicline adherence in patients who are trying to quit smoking cigarettes
	+ See **attached** slide presentation
* We are looking for any healthcare providers who have seen at least 5 people who are prescribed varenicline (in the last 2 years) and can speak/read English
	+ Includes any patients who used varenicline (does not have to be their first time)
* Please forward this information to your manager if you are interested
* For more information, contact **Mackenzie Earle:** **varenicline.chatbot@camh.ca**or 416-535-8501 x39340

TEACH Updates:

Updates, new course offerings and past webinars can be found on the TEACH website:

<https://www.nicotinedependenceclinic.com/en/teach>

* TEACH educational rounds: **The effect of smoking on renal health and tailoring cessation strategies to patients with renal disease** (Sachin Pasricha)
	+ Wednesday January 25, 2023 (12:00-1:00 pm EST)
	+ Register by Jan 24: [TEACH Educational Rounds - Registration & Pre-Learning Assessment (camhx.ca)](https://edc.camhx.ca/redcap/surveys/index.php?s=W8ELDHACAR3MKXC9)

TEACH mini-course: Fundamentals of tobacco interventions for dental professionals

* January 16-February 13, 2023
* Fee: $250
* Register by January 20: [FTI Dental January 2023 (camhx.ca)](https://teach.camhx.ca/moodle/enrol/index.php?id=87)
* *The course is designed to help oral health professionals screen, assess and treat dental patients with tobacco dependence by applying evidence-based interventions including psychosocial approaches and prescribing pharmacotherapy.*
* *This course takes approximately 4 hours to complete. Course content will be accessible for 4 weeks and can be completed at any time during this period. Course is accredited as a Category One Core Course by the Royal College of Dental Surgeons of Ontario (RCDSO) for 4 CEUs.*
* TEACH Listserv (email message board for clinical questions)
	+ We encourage all STOP providers to join!
	+ To subscribe, email teach-request@info2.camh.net and write 'subscribe' in the subject line
	+ If you tried to subscribe and didn’t receive a confirmation email, try again and if that doesn’t work, email TEACH@CAMH.ca

STOP Updates:

STOP inventory

* **New Year reconciliation – check your NRT supply for expiry dates, etc.**
* Step 3 patches – inventory orders may be modified due to supply chain issues

STOP in Long-Term Care homes

* **New arm of STOP** – if you know of any organizations that might be interested in participating, contact stop.ltc@camh.ca
* Program will be ***different*** from STOP in FHTs, CHCs, etc. (e.g., less data collection but still 26 weeks)

26-week STOP Program in PHUs

* **PHUs are invited to join the 26-week STOP Program** – if interested, complete the capacity assessment (<https://edc.camhx.ca/redcap/surveys/?s=4KJTJNEJFH87LC3K>) and we will get back to you
* Program will be ***identical*** to STOP in FHTs, CHCs, etc.
* New email address: Stop.phus@camh.ca

List of STOP organizations that accept non-rostered patients

* Please contact STOP for a list of all organizations that are currently accepting non-rostered patients. For your convenience, we have also created of map of these locations [here](https://www.easymapmaker.com/map/49cd6fe2c320c9a117d674e2f87739e0)\*. If you are interested in being added to this list, please let us know.

STOP Program Eligibility Criteria Expansion

* **As of December 29, 2022, STOP eligibility has been expanded to including all tobacco/nicotine products** (exception: you can’t join STOP in order to quit using NRT)
* Changes to STOP Portal survey, updated portal training manual and operations manual (also new Information Form for STOP with AHACs)

Notes:

* When reviewing self-enrolled participants, note that they may have completed the survey before the new ‘expansion’ questions were added – if so, you will need to complete these with them
* STOP Portal Download forms: registration questions 11-17 are not included on the paper forms because they do not apply to everyone
	+ If you are entering paper forms into the portal and see questions 11-17 get activated online, you can either ask your patient to respond (if they are present), or select “Answer Omitted” (if entering the forms after meeting with them)
	+ A note will be added to the Registration Form to clarify that questions 11-17 are not included on paper

**Discussion: Expert Considerations in the Off-label use of NRT (see attachment)**

* **New resource**: summarizes a case review session held with tobacco and nicotine experts at the end of 2022
* **Approach:** The case review took an adaptive expertise approach - each case began with a core case study of a patient with minimal comorbidities
	+ As the session progressed, additional complexities (e.g., comorbidities, psychosocial characteristics) were introduced and the group discussed how they might adapt their treatment strategies accordingly
	+ While ***not*** an algorithm, it does provide NRT dosing recommendations for the cases discussed

Resource has two sections:

1. **Summary of considerations for treating tobacco/nicotine product use**
* List of considerations that emerged during the case discussion
* Categorized into three overarching themes: assessment and follow-up, provision of NRT for nicotine products other than commercial cigarettes, behavioural support
1. **A series of patient cases and high-level treatment strategies**
* Summarizes high-level treatment strategies
* Includes considerations for different adaptations applied to each case

General Q&A:

**Q: Can people who stopped using tobacco/nicotine products prior to hospitalization (e.g., planned procedure) join the STOP Program?**

A: Yes, as long as they have stopped using these products for less than (or equal to) 30 days

**Q: For those organizations (especially AHACS) that include non-rostered patients in STOP, what do they use for the patient/client ID? Do they create a chart number or "patient ID" for them in their EMR just for STOP enrollment?**

A: STOP has no restrictions on this – EMR/chart numbers or internal numbering systems are all valid. Specific organizations would need to confirm their procedures.

**Q: Are there paper copies of the new STOP Portal expansion questions?**

A: Yes – go to Download Forms in the STOP Portal menu bar to view them

**Q: If we do groups with paper forms, how do we enter registration questions #11-17 if the patient did not answer them?**

A: Questions 11-17 will only show up online for certain patients, based on their response to question 5. If entering forms online after the visit or group is completed, when these questions get activated by the survey, please select the “Answer Omitted” response option to skip them.

**Q: Is there a list of all tobacco/nicotine products that now qualify for the STOP Program (other than commercial cigarettes)?**

A: There isn’t a formal list but there are examples of this on the consent form (Download Forms menu on the portal). Keep in mind that people using any tobacco/nicotine products are eligible to join (the consent form list may not be exhaustive). Please note that individuals are not eligible to join STOP if they are looking to quit using NRT.

**Q: Just to clarify, for those organizations functioning without a medical directive, they cannot dispense NRT with this expansion criteria because it is off-label?**

A: That is correct. We will attach a sample directive that your organization can adapt if interested (the template only covers commercial cigarette smoking at this time).

**Q: Are the STOP on the Net (SOTN) eligibility criteria also changed to incorporate the tobacco/nicotine product expansion?**

A: No, SOTN eligibility remains the same. As there is no medical oversight, it must remain on-label.

**Q: Has anyone ever heard about “sublingual NRT”? A patient wanted to buy some from a natural food store.**

A: We are not familiar with this term but if we learn more, we will provide further information. In general, we can only comment on evidence-based products.

Supports:

[National Conference on Tobacco and Vaping 2023](https://pheedloop.com/NCTV2023/site/)

* Feb 8-9, 2023 (virtual)

[Collaborative Learning College (camh.ca)](https://clc.camh.ca/)

* *Wide range of courses over the next two months including* [*Music Appreciation Group*](https://clc.camh.ca/course/view.php?id=214) *and* [*Creative Writing Essentials*](https://clc.camh.ca/course/view.php?id=230) *course*
* *New courses include* [*Financial Literacy for Youth*](https://clc.camh.ca/enrol/index.php?id=233) *and* [*Exploring Our Relationship with Food: Holiday Edition*](https://clc.camh.ca/enrol/index.php?id=225)
* *Information Session on January 19th from 2-3pm – open to anyone who is interested in learning more, either for themselves or others. Sign up on our* [*website*](https://clc.camh.ca/enrol/index.php?id=234) *or by emailing* *clc@camh.ca*

News:

[A Double-Blind, Randomized, Controlled Phase III Trial Investigating Efficacy and Safety of Varenicline for Vaping Cessation in Adult Users | medRxiv](https://www.medrxiv.org/content/10.1101/2022.12.20.22283715v1)

* *Study on varenicline for vaping cessation reported 20 percent absolute difference from placebo*

[New study uncovers negative effects of vaping - Schulich School of Medicine & Dentistry - Western University (uwo.ca)](https://www.schulich.uwo.ca/about/news/2022/december/negative_effects_from_vaping.html)

[Why Big Tobacco's attempts to rehabilitate its image are so dangerous (theconversation.com)](https://theconversation.com/why-big-tobaccos-attempts-to-rehabilitate-its-image-are-so-dangerous-194713)

# [Tobacco companies must pay for clean up of discarded cigarettes in Spain](https://uk.finance.yahoo.com/news/tobacco-companies-must-pay-clean-162647780.html)

**2023 teleconference schedule**

|  |  |  |  |
| --- | --- | --- | --- |
| January 11 | No additional January teleconference | February 1 | February 15 |
| March 1 | March 8 | April 5 | April 19 |
| May 3 | May 17 | June 7 | June 21  |
| July 5 | July 19 | August 2 | August 16 |
| September 6 | September 20 | October 4 | October 18 |
| November 1 | November 15 | December 6 |  |

STOP Quote:

*100% success. 0 ciggies since August 11th! 6 months prior, down to only one sometimes in the evening (When I first entered the program)*

*Thank you [practitioner name redacted] and the program! Really thought him, his calm academic approach was much appreciated. Happy New Year!*

*P.S. Your poster in the waiting room worked!*

STOP Fun Polls:

Haiku #1

*Furry, wiggly friends*

*Always there when you need them*

*Happy companions*

Haiku #2

*Wagging tails, big hearts*

*Friendship in every bark*

*Dogs: love in fur form*

***Which poem do you prefer?***

#1 – 9/33 = 27%

**#2 – 17/33 = 52%**

Both – 7/33 = 21%

***Which poem do you think was written by an AI?***

**#1 – 11/28 = 39%**

#2 – 10/28 = 36%

Both – 4/28 = 14%

Neither – 3/28 = 11%

Note: poem #1 was written by Ryan and poem #2 was written by ChatGPT

*Please make sure to share this information with your colleagues. Hope to see some of you at the Ottawa Model conference on Jan 19-20!*

<https://ottawamodel.ottawaheart.ca/ottawa-conference/program-and-accreditation>

- The STOP Team

Attendance:

Algoma PHU

Algonquin FHT

Anishnaabe Muskiki AHAC

Athens FHT

Black Creek CHC

Blue Sky FHT

Bridgepoint FHT

Brockton and Area FHT

Byward FHT

CarePoint Health

Casey House

Central Brampton FHT

Central Lambton FHT

Chatham-Kent CHC

Chatham Kent FHT

CHIRS AA

Choices for Change AA

City of Kawartha Lakes CHC

City of Lakes FHT

CMHA Durham NPLC

CMHA Ottawa

Cottage Country FHT

Credit Valley FHT

De dwa da dehs nyes's AHAC

Dryden FHT

Dufferin Area FHT

East Wellington FHT

Emery Keelesdale NPLC

Essex County NPLC

Fort William FHT

Gateway CHC

Georgian Bay FHT

Georgina NPLC

Good Shepherd AA

Grand Bend CHC

Grandview FHT

Guelph CHC

Guelph FHT

Haldimand FHT

Haliburton Kawartha Pine Ridge PHU

Hamilton FHT

Hamilton PHU

Hamilton-Niagara CHC

Harrow Health Centre FHT

Hastings Prince Edward PHU

Humber River FHT

Inner City FHT

Inner City Health Associates AA

Jane Finch FHT

The Jubilee Centre

Kingston CHC

Kingston Frontenac Lennox & Addison PHU

Leeds and Grenville FHT

Leeds Grenville Lanark PHU

London InterCHC

Lower Outaouais FHT

Mackay Manor AA

Matawa First Nation

Middlesex London PHU

Monarch AA

Niagara North FHT

Niagara PHU

North Bay NPLC

North Bay Parry Sound PHU

North Durham FHT

North Perth FHT

Northumberland FHT

Northwestern PHU

Oaks Centre AA

Owen Sound FHT

PAARC AA

Peterborough FHT

Pinecrest Queensway CHC

Portage Medical FHT

Queen’s FHT

Queen’s Square FHT

Recovery Care AA

Renascent AA

Rideau CHC

Sandy Hill CHC

Sauble FHT

Scarborough CHC

Scarborough Academic FHT

Six Nations Health Services

Smithville FHT

South Georgian Bay CHC

Southwestern PHU

STAR FHT

St. Michael’s Homes AA

Stratford FHT

Sudbury PHU

Summerville FHT

Sundridge Medical

Superior FHT

Taddle Creek FHT

Thames Valley FHT

Thunder Bay PHU

Timiskaming PHU

Tungasuvvingat Inuit AHAC

Twin Bridges NPLC

Two Rivers FHT

Unison CHC

Upper Canada FHT

Wabano AHAC

West Champlain FHT

Windsor Essex PHU

Woodbine FHT

York PHU